

LIST OF 11TH STEP MEDITATION MEETINGS CURRENTLY ON ZOOM 9.18.20

Below is a list of 11th Step Meditation meetings that are currently meeting on Zoom platform. Some of these meetings were established meetings in different cities that moved to zoom with the closing of churches and facilities others are new meetings started on zoom since the shut-down.

If you have an 11th Step Meditation meeting on zoom and would like us to list it here please send an email to info@cp12stepoutreach.org with the details, day, time including time zone, zoom code and password.

Many of the meetings use the 11 Step Meditation meeting format that is available.

Meeting format

Boulder, CO

Daily 11th Step Meditation Meeting Open AA Meeting -
Group Name - Conscious Contact

Sunday at 7:30am MDT (9:30 am EDT; 8:30 am CDT; 6:30am PDT/MST) ,
Mon. - Fri. 7am MDT (9 am EDT; 8 am CDT; 6am PDT/MST)

We meditate 20 minutes after reading the St Francis Prayer from 12x12,
then a Lead shares on 11th step experience, strength and hope for the topic,
then open discussion.

Zoom Link - <https://zoom.us/j/9650685496> Zoom ID. 965 0685 496

St. Louis, MO

Sunday 11th Step Meditation Meeting

9:00-10:00 am CDT- (7am PDT/MST; 8am MDT; 10am EDT)

Step Alano Club

Meeting ID 429-232-739

Password meditation

Phoenix, AZ

Sunday Night Open AA 11th Step Meditation Meeting

7:30 PM MST/PDT Every week on Sunday (8:30 PM MDT; 9:30 PM CDT; 10:30 EDT)

[https://us02web.zoom.us/j/84922169297?](https://us02web.zoom.us/j/84922169297?pwd=NkIKUHp3TnRoRk4vNnN3bDJwZDdPUT09)

[pwd=NkIKUHp3TnRoRk4vNnN3bDJwZDdPUT09](https://us02web.zoom.us/j/84922169297?pwd=NkIKUHp3TnRoRk4vNnN3bDJwZDdPUT09)

Meeting ID: 849 2216 9297

Password: 858782

Cleveland, Ohio

11th Step Monday

7am EDT Meeting

<https://us02web.zoom.us/j/82368913419>

Meeting ID: 823 6891 3419

One tap mobile

+13126266799,,82368913419# US (Chicago)

Dial by your location

+1 312 626 6799 US (Chicago)

Meeting ID: 823 6891 3419

Boulder, CO

Daily 11th Step Meditation Meeting Open AA Meeting -

Group Name - Conscious Contact

Sunday's at 7:30am MDT (9:30 am EDT; 8:30 am CDT; 6:30am PDT/MST) ,

Mon. - Fri. 7am MDT (9 am EDT; 8 am CDT; 6am PDT/MST)

We meditate 20 minutes after reading the St Francis Prayer from 12x12, then a Lead shares on 11th step experience, strength and hope for the topic, then open discussion.

Zoom Link - <https://zoom.us/j/9650685496> Zoom ID. 965 0685 496

St Louis, MO

Daily "Monday through Friday Daily 11th Step Meditation Meeting" Open AA Meeting

Group Name - 11 at 11

Mon. - Fri. 11:00AM - 12:00PM CDT (12 PM EDT; 9 AM PDT-MST; 10 am MDT)

We share our preamble, 20 minutes of meditation, 10-15 minute speaker sharing about their experience, strength and hope relating to the 11th Step prayer and finally sharing.

Meeting ID: 933 657 946

Password: Meditation

Join Zoom Meeting

<https://zoom.us/j/933657946?pwd=THJEWTVNZGt0cURCcWpqL1dDRGNVQT09>

One tap mobile

+13126266799,,933657946# US (Chicago) Dial by your location+1 312 626 6799 US

Monday Night Open AA 11th Step Mediation Meeting

07:00 PM MST/PDT Every week on Monday (8 PM MDT; 9 PM CDT; 10 PM EDT)

[https://us02web.zoom.us/j/705092114?](https://us02web.zoom.us/j/705092114?pwd=c3Y5Q3ZITENtTThiK3RnUDRNWG53QT09)

[pwd=c3Y5Q3ZITENtTThiK3RnUDRNWG53QT09](https://us02web.zoom.us/j/705092114?pwd=c3Y5Q3ZITENtTThiK3RnUDRNWG53QT09)

Meeting ID: 705 092 114

Password: gratitude

Kenya

Tuesday 11th Step Open AA Meeting

10:30AM CDT - 6:30PM Kenya Time

Meeting ID is 772 8180 1308

Password Meditation

AA Preamble, How it works, Promises, small guidance on Meditation, Eleventh Step Prayer, 20 Minute Silent Meditation, 10 Minute Speaker, and group share concluding with Serenity Prayer.

Contact is Pierre-Emmanuel pemaubert@africapractice.com

Madison, Wisconsin

Open AA - Everyone is welcome to attend

Tuesday at 7:00pm CDT

Zoom Meeting ID - 881 2294 1545

Join Raebel-McKinley (jraemck@gmail.com)

St. Louis, MO

Tuesday Samuel Church Weekly

Open AA 11th Step Meditation Meeting -

Time: 7PM-8PM CDT (5pm MST/PDT; 6pm MDT; 8pm EDT)

[https://us02web.zoom.us/j/892685972?](https://us02web.zoom.us/j/892685972?pwd=SFU4WjZ6WHNxNVIZV1hCL2Z3VmJyUT09)

[pwd=SFU4WjZ6WHNxNVIZV1hCL2Z3VmJyUT09](https://us02web.zoom.us/j/892685972?pwd=SFU4WjZ6WHNxNVIZV1hCL2Z3VmJyUT09)

New Meeting ID 892 685 972

password meditation

St Louis MO

Wednesday "Open" 11th Step Meditation Support Group Meeting

Time: 6:30PM-7:30PM CDT (4:30pm MST/PDT; 5:30pm MDT; 7:30pm EDT)

Meeting ID: 811 7438 6194

Password: meditation

This meeting is open to all 12 step programs. The only requirement for membership is a desire to be free of our addictions/compulsive behaviors, and a willingness to practice the 11th Step of Alcoholics Anonymous

St Louis MO

Thursday - Men's Open 11th Step Meditation Meeting

Time: 7AM CST (5am MST/PDT; 6am MDT; 8am EDT)

Meeting ID 594 379 8704

Password 999

St. Louis, MO

Thursday Weekly 11th Step Meditation Meeting - Hotel CA

Time: 6:30PM-7:30PM CDT(4:30pm MST/PDT; 5:30pm MDT; 7:30pm EDT)

Meeting ID 771 406 959

<https://zoom.us/j/771406959>

password meditation

Phoenix, AZ

Saturday AM Open AA 11th Step Meditation Meeting

07:30 AM PDT/MST (8:30am MDT; 9:30am CDT; 10:30 am EDT)

www.zoom.us/j/86969494786

Meeting ID: 869 6949 4786 (no pw needed)

12 STEP CENTERING PRAYER GROUPS ON ZOOM

What is a 12 Step CP Group? The most important thing to be clear about is that this is not a 12-step meeting (i.e. AA, Al-anon, OA, NA, SA...). A 12 Step CP group is made up of others in 12-step recovery who practice or want to practice Centering Prayer as an 11th Step practice and it is intended to help deepen our CP practice. It usually consists of a CP period, a 20 – 30 minute period of study related to CP, and sometimes a discussion about the material and the relationship to recovery. Since this is not a 12-step meeting, we are free to discuss CP openly without fear of voicing an "opinion on an outside issue." Contemplative Outreach (CO) has used this format of small groups for many years to form a spiritual network of support for those practicing CP. Those of us in 12-step recovery also find this to be extremely important in maintaining our 11th step practice and as a way to encourage others or introduce others to the practice.

If your 12 Step Centering Prayer group is meeting on zoom and you would like us to list it, please send the information to info@cp12stepoutreach.org

Tuesday 12-Step Recovery: Centering Prayer as an 11th Step Practice
7 P.M. CDT

<https://us02web.zoom.us/j/88122941545>

94 1545

jraemck@gmail.com

Centering Prayer with readings from Divine Therapy & Addiction by Thomas Keating

Dallas, TX

Centering Prayer Meditation Meeting

Every week on Wed @ 3:00 pm CDT

Join Zoom Meeting

[https://us02web.zoom.us/j/86433485290?
pwd=eE4ycGE1TnlURnRHTXNTajRUMEFUUT09](https://us02web.zoom.us/j/86433485290?pwd=eE4ycGE1TnlURnRHTXNTajRUMEFUUT09)

Meeting ID: 864 3348 5290

Password: 321845

One tap mobile

+13462487799,,86433485290#,,1#,321845# US (Houston)

Kathleen@kcookhunter.com

214-282-9108

Phoenix, AZ

Wednesday Night Centering Prayer 12-step Meeting

07:00 PM Arizona (8pm MDT; 9pm CDT; 10pm EDT)

<https://us02web.zoom.us/j/174269320?pwd=T2pQL0FkRVdhYjJjRFVVRTTEvc1FPUT09>

Meeting ID: 174 269 320

Password: 867466

United Kingdom

Saturday - UK Guttermonks CP 12 Step Group

Time: 9 AM CST (7am MST/PDT; 8am MDT; 10am EDT)

Zoom 371 135 351

Password guttermonk

<https://us02web.zoom.us/j/371135351?pwd=5KSVhjKvaBiR5bqe7NDQAw>

Meeting ID: 371 135 351

Password: guttermonk

One tap mobile

+13126266799,,371135351#,,1#,645580# US (Chicago)

+1 312 626 6799 US (Chicago)

Meeting ID: 371 135 351

Password: 645580

Find your local number: <https://us02web.zoom.us/u/kgSiuLkm5>

St. Louis, MO

Saturday - Weekly Centering Prayer 12-Step Group Meeting - St. Louis, MO

11:00 AM Central Time (9am MST/PDT; 10am MDT; noon EDT)

Reading "Power of Now" Eckart Tolle

Topic: 12 Step Centering Prayer Meeting

<https://zoom.us/j/259509824>

Meeting ID: 259 509 824

Password: meditation

Saturday Morning 12-Step Supported Centering Prayer Online with Zoom

11:30 AM Central Time (US and Canada)

Originating from Davenport, IA Meeting ID: 884 8433 3580

For details contact: Dick J. 563-349-4645