

Resources and links mentioned during Session Three of the Spring Spirituality Series

### **During Therese's conversation with Paul**

<https://cp12stepoutreach.org/resources/prison-outreach-service-team-of-co-ltd/>

<https://www.contemplativeoutreach.org/prison-outreach-homepage/>

<https://www.contemplativeoutreach.org/prison-correspondence/>

Movie about Centering Prayer

<https://www.catholicprisonministries.org/holding-still>

### **When Jenny and Joelle were chatting**

How could individuals get connected with their local chapter?

CO, LTD. list all chapters and reps <https://www.contemplativeoutreach.org/us-contacts/>

What are some ways a CP 12 stepper who is not a presenter, can be of service?

Start an 11<sup>th</sup> step meeting.

<https://cp12stepoutreach.org/resources/suggested-guidelines-for-starting-a-11th-step-meditation-meeting-in-your-area/>

Start 12-Step CP group

<https://cp12stepoutreach.org/resources/a-guide-to-starting-a-12-step-centering-prayer-group/>

Share CP with a sponsee or a sponsor.

Share the 12- StepCP brochure with others, free except postage CO, LTD bookstore

<https://www.contemplativeoutreach.org/product/12-step-outreach-centering-prayer-brochure-in-packets-of-25/> or download from CP 12-Step Outreach RESOURCES

<https://cp12stepoutreach.org/resources/brochure/>

Consider going through the formation process to help carry the message of CP to others

Qualifications on Resources 12-Step Outreach website

<https://cp12stepoutreach.org/resources/qualifications-for-12-step-outreach-service/>

> Email Dave if you'd like to explore formation [dmurray1\\_98@yahoo.com](mailto:dmurray1_98@yahoo.com)

**Over the last three weeks we've also mentioned or thought about mentioning these resources too:**

The Human Condition

<https://www.contemplativeoutreach.org/product/the-human-condition/>

Divine Therapy and Addiction

<https://www.contemplativeoutreach.org/product/divine-therapy-and-addiction/>

Open Mind, Open Heart

<https://www.contemplativeoutreach.org/product/open-mind-open-heart-paperback/>

Invitation to Love

<https://www.contemplativeoutreach.org/product/invitation-to-love/>

Intimacy with God

<https://www.contemplativeoutreach.org/product/intimacy-with-god/>

Centering Prayer and Inner Awakening

<https://www.contemplativeoutreach.org/product/centering-prayer-and-inner-awakening/>

~Cynthia Bourgeault

The Path of Centering Prayer

<https://www.contemplativeoutreach.org/product/the-path-of-centering-prayer-deepening-your-experience-of-god/>

~David Frenette

<https://cp12stepoutreach.org>

The Welcoming Prayer

<https://cp12stepoutreach.org/wp-page-2/>

and [cp12StepOutreach.com](http://cp12StepOutreach.com)

CP Method Brochure

[https://www.contemplativeoutreach.org/wp-content/uploads/2012/04/method\\_cp\\_eng-2016-06\\_0.pdf](https://www.contemplativeoutreach.org/wp-content/uploads/2012/04/method_cp_eng-2016-06_0.pdf)

11th step and 12 step Groups and Meetings

<https://cp12stepoutreach.org/events/>

**Lastly - Zoom CP group hosting support**

If anyone would like support with Zoom audio then please email [mattscrim@gmail.com](mailto:mattscrim@gmail.com) and we can arrange a call to play and learn together